

Blend Coffee

House Blend Regular	\$2
House Blend Decaffeinated	\$2
Blend Flavor of the Week	\$2
Shell Point Blend 12oz Bag Ground Coffee-Regular	\$15
Shell Point Blend 12oz Bag Ground Coffee-Decaf	\$15

Espresso Drinks

Espresso	\$3
Cappuccino: espresso topped with a layer of steamed milk foam, sprinkled with cinnamon	\$5
Macchiato: espresso topped with a dollop of steamed milk foam	\$4
Americano: espresso diluted with hot water	\$4
Mocha: espresso blended with chocolate syrup, topped with a layer of steamed milk foam	\$6

Cold Coffee Drinks

Cold brewed iced house blend regular	\$3
Iced Café Latte: espresso and milk	\$5
Iced Mocha: espresso, chocolate syrup and milk	\$6
Seasonal Coffee Drinks	\$3.5

Hot Tea

Regular and decaffeinated black and green tea, Earl Gray and a selection of flavored teas	\$2
---	-----

Beverages

Can soda	\$1
Bottled soda	\$2
Milk	\$2
Juice	\$2.5
Bottled water	\$2
Fountain drinks or iced tea	\$1.5
Lemonade	\$2.5
Bottled Tea	\$2.5



Blend combines warm southern hospitality with welcoming, contemporary ambiance. Select from an appetizing menu of made-to-order breakfast items, delicious deli-style sandwiches and espresso beverages, then dine inside or head outdoors to soak up the sunshine from Blend’s scenic, lakefront patio seating.

ALSO VISIT SHELL POINT’S
OTHER DINING VENUES

- PALM GRILL
- BREEZEWAY CAFÉ
- THE CRYSTAL
- ISLAND CAFÉ

DIN-332-20

MENU



Breakfast Sandwiches

Smoked bacon, smoked Gouda and scrambled eggs, served on a toasted English muffin	\$7
Smoked Virginia ham, Havarti and scrambled eggs, served on a toasted ciabatta roll	\$7
Scrambled eggs, cheddar and vine-ripe tomatoes, served on whole wheat toast	\$7
Country sausage, scrambled eggs and pepper Jack, served on a toasted English muffin	\$7
Scrambled eggs, smoked Virginia ham and American, served on a warm buttered croissant	\$7
All breakfast sandwiches served with fresh fruit	

Woodlands Breakfast

Two eggs your way, served with choice of bacon, ham, or sausage and your choice of toast, served with fresh fruit	\$8
Smoked wild salmon, served with capers, red onions, vine ripened tomatoes, cream cheese and a toasted bagel	\$13.5
Made to order waffles	\$5
Caribbean French toast, topped with sliced bananas and toasted coconut	\$6
Add smoked bacon, smoked Virginia ham or country sausage	\$3

Pastries, Fruit and Yogurt

Greek yogurt, topped with fresh blueberries, strawberries and organic granola	\$4.5
Fresh fruit	Cup \$3 Bowl \$4
Homemade banana bread	\$2.5
Assorted scones	\$2.5
Assorted muffins	\$3
Assorted Danish	\$2
Cinnamon rolls	\$3
Sticky Buns	\$3
Biscotti	\$1.5

Deli Lunch Sandwiches

Albacore Tuna Salad	Chicken Breast Salad	Egg Salad
	Smoked Virginia Ham	Turkey Breast
Half \$5.5	Whole \$8.5	Add Cheese \$1
American, Cheddar, Swiss, Havarti, Smoked Gouda, Pepper Jack		
Served on your choice of: whole wheat, rye, white or gluten free bread and your choice of potato chips or fresh fruit		

Wraps

Grilled Chicken with bacon, lettuce, tomato and Ranch dressing in a tortilla wrap	\$9
Chicken Caesar: Diced chicken breast, romaine lettuce, parmesan cheese and housemade Caesar dressing wrapped in a flour tortilla	\$9
Egg Salad BLT: Crisply smoked bacon, egg salad, romaine lettuce and vine-ripened tomatoes, wrapped in a sun-dried tomato tortilla	\$9

Paninis

Margherita: Housemade pesto, fresh mozzarella, and vine-ripened tomatoes	\$7
All-American: Smoked Virginia ham, Swiss and cheddar cheese and honey mustard	\$8
Oakmont: Turkey breast, Swiss cheese and cranberry mayonnaise	\$8
Housemade Soup	Bowl \$4 Quart \$6

Specialty Sandwiches

Rosemont Club: Sliced turkey breast, smoked bacon, Havarti cheese, iceberg lettuce, vine-ripened tomatoes and mayonnaise, on whole wheat toast	Half \$6 Whole \$10
The Dagwood: Piled high with ham, oven roasted turkey, Swiss cheese, cheddar cheese, smoked bacon, lettuce, tomato and mayo on your choice of bread.	\$10
Ultimate Grilled Cheese: Tomato, bacon, Gouda cheese on marbled rye	\$9
Grilled Cheese: Choice of cheese and bread	\$6
BLT: Bacon, lettuce and tomato with mayonnaise and your choice of bread	Half \$6 Whole \$9

Consuming raw or undercooked food may increase your risk for food-born illness.

Blend Salads

Promenade Salad: Romaine lettuce, carrots, tomatoes, walnuts, cucumbers, red onions and choice of dressing	Small \$5 Large \$7
Add chilled grilled chicken	\$4
Chef Salad: Romaine lettuce, julienned ham and turkey, Swiss and cheddar cheese, tomatoes, eggs, cucumbers and choice of dressing	Small \$6 Large \$9
Stuffed Vine-Ripened Tomato: A vine-ripened tomato stuffed with your choice of tuna, chicken or egg salad, served on a bed of romaine lettuce, matchstick carrot and cucumbers, with your choice of dressing	\$8
Woodlands Salad: Romaine lettuce, carrots, tomatoes, bell peppers, roasted almonds and choice of dressing	Small \$5 Large \$7
Add chilled grilled chicken	\$4
Mediterranean Salad: Romaine lettuce, black olives banana peppers, cherry tomatoes, red onion, cucumbers, assorted peppers, feta cheese served with Greek dressing	\$9

Salad Dressing:
Ranch, Italian, honey mustard, blue cheese, balsamic and raspberry vinaigrette

Desserts

Gelato: Check for today's flavors	\$3
Ice Cream: Check for today's flavors	
1 Scoop	\$3
2 Scoops	\$4
Assorted cookies	\$1.5