



Shell Point
is making
the Connection

connected
L I V I N G
AT SHELL POINT



Shell Point
IS HELPING
YOU KEEP A Connection



Personhood, Well Being and Spirit

For more than 50 years, Shell Point has been providing seniors with an unparalleled retirement in a resort-style, waterfront setting, along with the stability and peace of mind that comes with the assurance of lifecare. Individuals with moderate to advanced memory loss,

Alzheimer's disease and other dementias can rest easy knowing that Shell Point's ongoing commitment to excellence in healthcare extends across all levels of the care continuum through Connected Living, Shell Point's memory care program.



Celebration OF Personhood

CONNECTED LIVING AT SHELL POINT | RELATIONSHIP-BASED CARE

Program Cornerstones

Relationship-Based Care

Dynamic LifeQuest Programming

An Interdisciplinary Healthcare Team

Connected Living Memory Support at Shell Point centers around creating a mission-guided celebration of personhood. Its holistic approach supports an individual's unique strengths and abilities, allowing

each resident to thrive in a robust, structured program that emphasizes relationship-based care, dynamic LifeQuest programming and the support of an interdisciplinary team of healthcare professionals.

Relationship-Based Care



An integral cornerstone of Connected Living at Shell Point is the Best Friends™ Approach to Alzheimer's and Dementia Care. This communications style advocates treating each resident as a unique, valued individual whose past life experiences and personal interests should enrich their present lifestyle, patterns and routines.

The Connected Living healthcare team establishes a relationship with each that is characterized by respect, honesty and an easygoing,

natural manner that validates and supports daily environmental interactions while creating moments of joy along the way.

The “Best Friends Approach” is a nationally recognized, research-based program built on the premise that what people living with memory loss need most is a friend – a best friend. This approach teaches caregivers how to understand and fulfill this “Best Friends” role, including special caregiving techniques and tools.



*Engaging Your Mind
and Strengthening Your Spirit*

Dynamic LifeQuest Programming



Stimulating, Involved and Nurturing



When it comes to life-enhancing activities for those with dementia, look no further than Connected Living at Shell Point.

Regular programming is customized to each resident's personal interests, nurturing the mind, body and spirit while maintaining one's dignity within a comfortable, protected environment. Daily therapeutic activities promote intellectual stimulation, personal participation and social interaction, along with spontaneous engagement in all

six LifeQuest dimensions of wellness: physical, spiritual, emotional, educational, community and social, and the natural environment.

Additional signature programs include research-based music therapy, interactive technology and guided art explorations that offer innovative creative expression. Sessions through the Shell Point Wellness Connection also promote healthy lifestyle strategies to lower the risk associated with dementia.

“For those with dementia, enhancing perceptions of accomplishment and purpose with the exploration of new ideas and experiences has intrinsic value for all.”

—CHRISTINE GULOTTA, DIRECTOR OF CONNECTED LIVING

CONNECTED LIVING AT SHELL POINT | DYNAMIC LIFEQUEST PROGRAMMING



In the Best OF Hands

CONNECTED LIVING AT SHELL POINT | AN INTERDISCIPLINARY HEALTHCARE TEAM

An Interdisciplinary Healthcare Team

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rom clinical psychologists to specially trained memory support specialists, an interdisciplinary team of healthcare professionals is well-prepared to meet a wide array of memory care needs, thanks to a customized staff training program developed by Shell Point's own team of memory care experts. This advanced curriculum, approved by the Florida Department of Elder Affairs, provides hands-on guidance for

Connected Living team members who are responsible to support and guide residents with Alzheimer's disease or related dementias. During the classroom training, staff are trained in meaningful engagement standards and Virtual Dementia sensitivity education, as well as the Best Friends approach to communication with culture and language training, and much more.



Caring for the Caregiver



*Supporting Hands,
Connected Hearts*

CONNECTED LIVING AT SHELL POINT CARING FOR THE CAREGIVERS



Your spouse may instinctively look to you for support and guidance as they navigate the journey through dementia. Caregiving is a big responsibility, but you are not alone. At Shell Point, there is a community of support standing beside you.

An onsite Carefree Support Group allows caregivers to build authentic friendships while promoting a culture of wellness, community involvement and positive life experiences for couples. The group is facilitated by a Shell Point staff member for easy, open discussion.

You also have access to a host of Behavioral Health resources and goal-focused consultations, active community outings for couples, structured Connected Living day retreat programs, educational information about medical advances and specific care techniques, Connected Living Forums and much more.



SHELL  POINT
RETIREMENT COMMUNITY®

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