

The CRYSTAL

Salad

Citrus Shrimp and Avocado Salad

GF

Artisan spring mix, orange and grapefruit segments, avocado, shallots and sliced almonds with a citrus vinaigrette • \$14

Caesar Salad

V

Tender romaine lettuce with creamy dressing, Parmesan cheese and herb focaccia croutons • \$7
Add: chicken \$4 shrimp \$5 salmon \$8

Wedge Salad

Iceberg lettuce, bacon, heirloom tomato, red onion, blue cheese crumbles and fried onion with blue cheese dressing • \$10

Salad bar stand-alone \$10

Soup and salad bar with your meal \$4

Sandwiches and More

Sandwiches Come with Choice of French Fries, Sweet Potato Fries, House Chips, Fruit or Cole Slaw

Cranberry Apple Brie Turkey Sandwich

Q

Roast turkey, brie, cranberry apple jam and arugula on toasted cranberry walnut bread • \$10

Grilled Crystal Burger

Served on a toasted brioche roll with lettuce, tomato, onion, pickle and a choice of American, Swiss, or cheddar cheese • \$11

Quesadilla

Fire-roasted corn, pico de gallo, scallions, Monterey Jack and cheddar cheese with piquillo crema • \$8

Add: chicken \$4 shrimp \$5 steak \$8

Baja Tacos

Seared or blackened grouper with cabbage slaw, mango salsa, chipotle aioli on grilled tortillas • \$13

Fried Green Tomato BLT

Cheddar cheese, red onion, applewood bacon, fried green tomato, crisp lettuce with an avocado ranch on toasted sourdough bread • \$10

Grilled Vegetable Wrap

Q V

Marinated and grilled portobello mushrooms, red pepper, zucchini, squash, red onion and pesto hummus rolled in a spinach tortilla • \$11

Island Chicken Sandwich

Glazed chicken breast with pickled radish, carrots, crisp cucumber and cilantro with sriracha aioli on a toasted baguette • \$10

Grouper Sandwich

Seared or blackened grouper with lettuce, tomato, pickle, onion with Crystal's house remoulade on a toasted brioche bun • \$17

Entrées

Margarita Chicken

Grilled marinated chicken breast with basil pesto, bruschetta, mozzarella cheese, pasta and fresh vegetable • \$12

Gulf Shrimp Scampi with Heirloom Tomatoes

Five large pink shrimp tossed with fresh garlic, olive oil, heirloom tomatoes and spinach over angel hair pasta • \$14

Crystal Southern Pot Roast

Slow-roasted beef, herb potatoes, turnips, onions and baby carrots with demi-glace • \$12

Char Grilled Center Cut Filet Mignon

6oz Angus beef tenderloin with garlic-gorgonzola butter, herb potatoes and fresh vegetable • \$18

Island Harvest

Q GF V

Sautéed spaghetti squash, chick peas, julienne zucchini, yellow squash, carrots and cherry tomatoes finished with an arugula pesto and goat cheese • \$11

Turkey Dinner

Citrus herb turkey breast, traditional stuffing, mashed potatoes and green beans, cranberry and gravy • \$13

Grilled Atlantic Salmon

Q GF

Fresh grilled salmon with a kale, sweet potato and caramelized onion hash • \$16

Beverages

Coffee, Tea, Sodas, Juices • \$2.50

Bottled Water • \$3

Q Indicates LifeQuest Nutritional Option GF Indicates Gluten Free Option V Indicates Vegetarian Option

Consuming undercooked meats, seafood and eggs may increase the risk for food borne illnesses.

18% gratuity will be added to each guest check.